



## **Plasma Skin Resurfacing Procedure Product Usage Recommendations**

### **Skin Preparation: 14 Days Pre-Procedure**

Preparing and stimulating the skin 7-14 days achieves optimal condition prior to a cosmetic procedure. Pre-conditioning can help create healthier skin to support the renewal of skin post-procedure.

### **Daily Product Usage Pre-Procedure:**

#### **AM/PM:**

- Cleanse with Gentle Cleanser
- Apply Regenerating Skin Nectar with TriHex Technology®
- Apply Ultra Nourishing Moisturizer with TriHex Technology®
- Morning Only: Apply Broad Spectrum SPF 30+ Sunscreen or Hydratint Pro Mineral SPF 36

*We always recommend doing a patch test prior to using any new product.*

*Place a small amount of product on the side of your neck, wait 12-24 hrs and look for a reaction. If any redness or irritation occurs we recommend you discontinue using the product.*



## **Plasma Skin Resurfacing Procedure Product Usage Recommendations**

### **Immediately After Procedure:**

- Apply Regenerating Skin Nectar with TriHex Technology®
- Apply Soothe + Protect Recovery Balm

### **Evening of Procedure:**

- Cleanse with Gentle Cleanser *(As directed by provider)*
- Apply Regenerating Skin Nectar with TriHex Technology®
- Apply Soothe + Protect Recovery Balm

### **Daily Product Usage from Day 2 Through Complete Healing of the Skin:**

*(If the neck, chest or other areas of the body treated, this process could take up to two weeks)*

#### **AM/PM:**

- Cleanse with Gentle Cleanser
- Apply Regenerating Skin Nectar with TriHex Technology®
- Apply Soothe + Protect Recovery Balm 2-3 times/day or as needed
- Morning Only: Apply Broad Spectrum SPF 30+ or Hydratint Pro Mineral SPF 36

### **Daily Product Usage Post Complete Healing of the Skin:**

#### **AM/PM:**

- Cleanse with Gentle Cleanser
- Apply Restorative Skin Complex with TriHex Technology®
- Apply Ultra Nourishing Moisturizer with TriHex Technology® *(If additional hydration is needed)*
- Morning Only: Apply Broad Spectrum SPF 30+ or Hydratint Pro Mineral SPF 36